

Building Healthy **FOUNDATIONS**

For Couples



DO YOU KNOW AN ENGAGED COUPLE?

Consider gifting them a weekend
of premarital education!

This is the perfect gift for the happy
couple! It will strengthen their
foundation for marriage!

Some of the topics include:

- Questions to discuss before marriage
- Emotional and Physical Health
- Primary Love Languages
- Finance and budgeting
- Communication

Taught by a licensed therapist
www.buildinghealthyfoundations.com

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Building Healthy **FOUNDATIONS** For Couples

In Utah when a couple completes 6 hours of premarital education or premarital therapy, they can receive \$20 off their marriage license online. They can also receive \$20 from a program at UVU.

The cost per couple is \$250 for the weekend, (6 hours of education). With the \$40 total that the couple applies for, the cost ends up working out to \$105 per person.

Includes, one FREE video consultation with a licensed therapist within the first year of marriage! (\$100 value!) That is 7 hours of preventative education, averaging out to ONLY \$15 dollars per hour, per person!

The couple will get to keep their workbook with information they have learned! It will also have specific things that pertain to the couple!

"Thank you for supporting my mission of helping couples build healthy foundations for their marriage"

For questions or to
purchase, call or text
Sonnet Hintze, LMFT
(801)792-2012

****A couple that has been recently married or a couple that is having some difficulty, can attend the classes, with purchase****

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